



CREATED BY



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Mts ADVENTURE RACE JAPAN 2025

Email Text Templates

How to use this document: To hit your fundraising target, we are asking you to reach out to your various networks and request their financial support for the overall work of the Mission to Seafarers. This enables us to reach a vastly increased pool of people. To make this as easy as possible, please find a number of paragraphs below which you can use as needed to put together your communications. If you have any queries or would like any other specific information, please don't hesitate to contact us: events@adventureracejapan.org

Lasting Impact – can you help us reach our fundraising target of US\$5,000?

Participating in this race presents us with an incredible physical and mental challenge, but also sees us commit to a fundraising target of US\$5,000 to support the vital work of the Mts. We need your help to reach this target and extend our support to seafarers globally.

(Include a link to your Team Fundraising Page - see Video on Fundraising Page for guidance)

(Amend fundraising target as appropriate)

About the Race

The Mission to Seafarers created Adventure Race Japan as a bespoke event in 2023, with resounding success. For ARJ 2025 they have doubled the size of the event, with 100 teams now registered to take part. Funds raised will enable the expansion of their vital frontline welfare services to global seafarers.

Seafarers often work in very dangerous situations, experiencing isolation, fatigue, mental and physical health issues, the risk of abandonment, shipwreck, and piracy. Mts have designed this race to offer a way for the international shipping community to support the seafarers who keep our global economy afloat. They hope to increase awareness and funds for their work as an international maritime charity, and one of the largest providers of seafarer welfare support worldwide and across the APAC region.

Information about your Team

Together with xx and xx I have committed to taking on the Green/Black (*delete as appropriate*) Dragon Race along the Izu Peninsula in May 2025.

The Green Dragon Race will include a 9.25km hike on Day 1 with increased elevation across demanding terrain; followed by a Rogaining Challenge on Day 2.

The Black Dragon Race will include a 20.3km trail run on Day 1, with increased elevation across demanding terrain; followed by a Rogaining Challenge on Day 2.

The work of The Mission to Seafarers

Over 90% of world trade is carried by sea, providing work to 1.89 million seafarers. Shipping is a truly international industry: in today's global market, you might have a Greek-owned vessel, registered in Malta, with officers from India and a crew from Thailand, Indonesia, Vanuatu, and the Philippines.

Shipping provides people with many opportunities: to see the world and to work in a job where you know you're making a difference.

However, it is also one of the world's most dangerous occupations, with piracy, shipwrecks, and abandonment just some of the threats seafarers face. Seafarers endure isolation, long periods of separation from their families, and significant communication challenges. Mental health issues are prevalent, but Mts volunteers and chaplains are there to provide support, whether that's online, on board or at our Seafarers Centres. The Mission to Seafarers offers human connection, compassion and gratitude for the work our seafarers do, and provides practical help when they need it most.