



13 – 16 May

Mt5 ADVENTURE RACE JAPAN 2027

Participants Brochure



CREATED BY



In May 2025, 300 participants from 26 countries came together for Adventure Race Japan, supported by 35 corporate sponsors raising an exceptional US\$1.85m, with US\$1.35m supporting frontline welfare work, making it the most successful edition to date. Building on this momentum, Adventure Race Japan will return from 13 to 16 May 2027, bringing together the same number of participants as the previous edition in a new location, where they will take on a two-day endurance challenge set in the breathtaking Japanese countryside.

This exciting event offers sponsors a powerful platform to showcase their support for seafarers' welfare in a highly visible and meaningful way, while contributing to key ESG priorities. Sponsors who commit early also benefit from extended global exposure as the event is promoted worldwide.

For participants, it is a unique networking opportunity, bringing together key decision-makers from across the maritime industry. It offers outstanding potential for business development, brand visibility, team building, and strengthening professional relationships, while also promoting health and wellbeing and, above all, delivering an unforgettable experience. Most importantly, participants are making a direct and lasting impact on the lives of seafarers.

For The Mission to Seafarers (MtS), it enables us to sustain, grow, and expand our global welfare services, ensuring seafarers and their families receive the support they need, wherever they are and whenever they need it most.



**LET'S
RACE**
—

REGISTER NOW



TEAMS AND FUNDRAISING

Teams

Teams comprise three members, who can choose either the Green Dragon Route (approx 10 km) or the Black Dragon Route (approx 20 km), which provide different levels of difficulty. Your team can be comprised of colleagues, clients, seafarers or suppliers, but all three must do the same course and stay together throughout the race. This is for safety reasons and support, as this is a team activity.

Teams pay a registration fee of **US\$3,500** to The Mission to Seafarers upon registering, and **JPY ¥500,000** directly to Mercure Nagano Matsushiro Resort & Spa. The ARJ Events Team will provide further payment information after registering.

We encourage you to visit adventureracejapan.org where you can find more information and register your team. The website also provides details on the length of the two courses and the elevations you will experience. On registering you will be asked to complete all your details through a step-by-step process. If you need it, there is a guide to help you. Your page on the website will enable you to share your progress with colleagues and friends.

Fundraising

By participating each team commits to raising a minimum of **US\$5,000** in donations towards The Mission to Seafarers' frontline work. These donations must be paid through your team's fundraising page on the Adventure Race Japan Website. Fundraising resources are provided on the website to assist your team. The team with the highest fundraising will receive an award and recognition at the event.



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THE EVENT

100 teams will take on a two-day adventure combining trekking/running within the breathtaking Japanese countryside. With two levels of participation, the race is designed to test highly trained competitors while also offering a demanding yet achievable experience for those seeking a challenge. The mountainous terrain allows for carefully designed routes that encourage teamwork, resilience, and determination across all fitness levels.

Adventure Race Japan will have exclusive use of the Mercure Hotel in Nagano, which sets the scene for this amazing experience. Accommodation is in the hotel and rooms are single occupancy basis with own private bathroom for each team member.

Thursday, 13 May

The event starts on the afternoon of Thursday, 13 May, where after making your own way to Nagano Train Station, our ARJ shuttle bus will be there waiting for you. The bus will bring your team to the Mercure Nagano Resort & Spa, our exclusive event venue and selected accommodation, you will be greeted with event arrival, check in and kit check. It is essential to have your kit checked as it will ensure you have all the necessary safety equipment for the following day. The Thursday evening will start with a mandatory Safety Briefing. The briefing is a high priority and we urge you to attend as we will need you to sign in so we can be sure all participants have attended. Following the Safety Briefing, the Welcome Drinks Reception will take place. The evening will continue with networking opportunities and a Welcome Dinner where you will meet up with old friends and meet fellow participants.

Friday, 14 May

On Friday morning, following an early breakfast, you will head to the start line. Both races will start at the same location, as the anticipation builds for your adventure. The Green Dragon course is shorter than the Black Dragon course. During the course, you will encounter mountains, rivers, and panoramic views over Japanese countryside. Upon reaching the finish line you'll be welcomed with a finish-line lunch and cold beers!

In the afternoon, you can choose to rest in the hotel onsen or share conversations from the day's activities in the hotel lounge. We meet again in the early evening for our Half-Way Dinner & Drinks where you will see highlights of the day's activities. The hotel bar remains open til late for those wishing to party late into the night.

KICK-OFF PARTIES IN 2026

In April 2026, we held three kick off parties in Japan, Singapore and Hong Kong which were attended by more than **300** people.

Saturday, 15 May

Another early start after breakfast, and you'll head out for a second day of running or hiking on the Green and Black Dragon courses. Today will challenge you as a team, pulling together and working through those aching muscles from Day One. Again, lunch and beers greet you at the finish line plus your well-deserved ARJ 2027 medal.

On Saturday evening, an Awards Ceremony will take place before the Gala Drinks Reception and Gala Dinner – both informally-dressed occasions - as teams speculate on who will be the winners and runners-up! Awards are given for speed, and fundraising and award category details are listed on our website. It is important to focus as much on the fundraising and donations as it is on the fitness for the event.

All awards will be given at the Awards Ceremony, so every reason to be there to collect your award! The atmosphere will be one of great friendships, as only the industry can do so well! After the Gala Dinner, guests are welcome to join the After Party - which has a reputation all of its own, and a change to party until late.

Sunday, 16 May

On Sunday morning, enjoy a delicious breakfast with your fellow participants before checking out at 10:00. The ARJ shuttle bus will transfer your team to Nagano Station where you'll make your own travel arrangements back home or to Tokyo for business meetings.

KIT LIST

Mandatory gear for each competitor

(one set per individual participant)

- Trail running shoes for Black Dragon or hiking shoes for Green Dragon (it is important that these are not new). An important point is that normal "running shoes for road running" are not suitable, as the mountain surface can be muddy and slippery.
- Cell phone (ability to make local calls)
- Travel insurance - Foreigners/ Insurance Card-Japanese Residence
- Raingear
- 20-30L backpack – with capacity to hold 1L of water.
- Reusable waterbottle or Camelback or MY-CUP - to hold 1L of water
- Food - Easy to eat and access snacks (gels, chocolates, energy bars)
- Whistle
- Emergency blanket (lightweight, Mylar-type material, thermal)
- Cap - You will be provided with an ARJ cap, but can bring your own
- Large plastic bag (large bin liner/ garbage bags can also be used to keep you warm
- Bear bells
- Sun cream

Mandatory gear for each team

(one set per team)

- Basic Outdoor challenge First Aid kit :
 - Blister packs
 - Anti-blister lubricant (e.g. Hydropel)
 - Bandages
 - Handgel
 - Disposable gloves etc.

Suggested but not mandatory items

- Waterproof trousers
- Waterproof jacket
- Dry bag for all gear (Ziploc bags will work)
- Hydration pack
- Sunglasses with retention strap
- Extra clothing (light weight shirt layer, neck warmer, socks.)
- Small pack of tissues

Food

Breakfast – A hearty breakfast will be provided on all three mornings

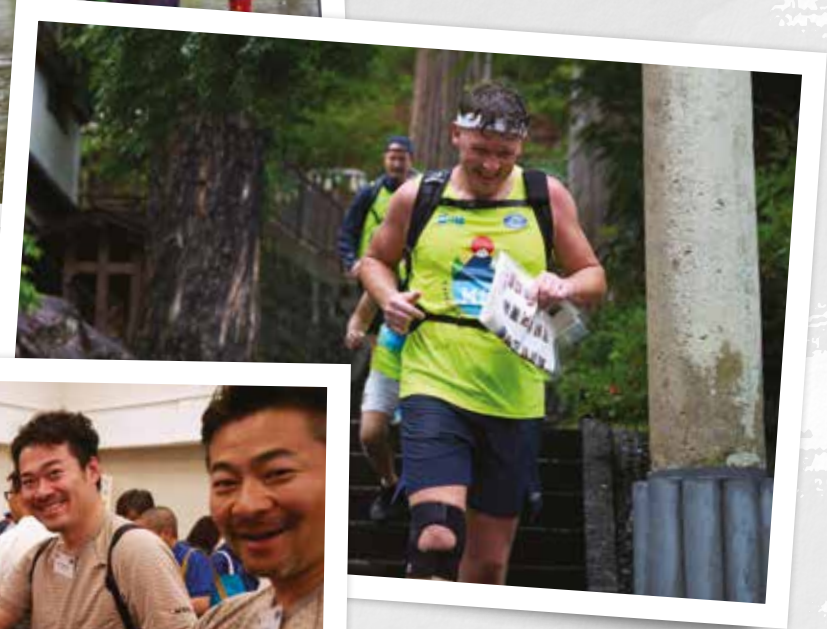
Trail Food – Some snacks will be provided but you may wish to bring some of your own

Finish Line – Food will be provided at the end of the Trail runs on both days

Hotel – The hotel will serve food for those finishing early

Dinner – Dinner and drinks are provided each evening





REGISTER NOW



Sponsors 2025

PLATINUM



GOLD



HOODIE



POLO SHIRTS



GALA DINNER



WELCOME DINNER



HALFWAY DINNER



GALA DINNER DRINKS



WELCOME DINNER DRINKS



HALFWAY DINNER DRINKS



FINISH LINE



EVENT BAG



MEDAL/LANYARD



VIDEOGRAPHER/PHOTOGRAPHY



SAFETY BRIEFING



GLASS AWARDS



MEDIA



Teams 2025

<p>ACT ALLIANCE</p> <p>1</p>  <p>ACT Alliance ASIA CHEMICAL TANKER</p>	<p>AKIRAMEN</p> <p>1</p>  <p>AKIRAMEN</p>	<p>AMERICAN P&I CLUB</p> <p>1</p>  <p>THE AMERICAN CLUB</p>	<p>ANDREW MOORE & ASSOCIATES</p> <p>2</p>  <p>AMA Andrew Moore & Associates Ltd</p>	<p>ANGLO AMERICAN</p> <p>2</p>  <p>AngloAmerican</p>
<p>ANGLO-EASTERN SHIP MANAGEMENT LTD.</p> <p>1</p>  <p>ANGLO-EASTERN</p>	<p>ARROW</p> <p>9</p>  <p>ARROW</p>	<p>ASIATIC LLOYD</p> <p>1</p>  <p>AL</p>	<p>ASP SHIPS GROUP</p> <p>1</p>  <p>ASP SHIPS GROUP WE MANAGE SHIPS SAFELY</p>	<p>BEN LINE</p> <p>4</p>  <p>BEN LINE</p>
<p>BLU MARITIME CONSULTANCY PTE LTD.</p> <p>1</p>  <p>BLU Maritime Consultancy</p>	<p>BLUE OCEAN JAPAN CO., LTD.</p> <p>1</p>  <p>BLUE OCEAN Japan co., Ltd.</p>	<p>BRITANNIA P&I CLUB</p> <p>3</p>  <p>BRITANNIA P&I CLUB / TRUSTED SINCE 1855</p>	<p>BSM</p> <p>2</p>  <p>BSM</p>	<p>BUREAU VERITAS</p> <p>6</p>  <p>BUREAU VERITAS</p>
<p>BW EPIC KOSAN</p> <p>2</p>  <p>BW Epic Kosan</p>	<p>CETUS MARITIME</p> <p>1</p>  <p>Cetus</p>	<p>CLARKSONS</p> <p>3</p>  <p>CLARKSONS</p>	<p>CLASS NK</p> <p>1</p>  <p>ClassNK</p>	<p>DAN BUNKERING</p> <p>1</p>  <p>DanBunkering Ride the Next Wave</p>
<p>ERTEM, RIVERO AND PARTNERS</p> <p>1</p>  <p>ERP ERTEM, RIVERO & PARTNERS</p>	<p>FUJI IRON WORKS CO.,LTD</p> <p>1</p>  <p>Fuji Iron Works Co., Ltd.</p>	<p>GAC GROUP</p> <p>1</p>  <p>Gac</p>	<p>GARD</p> <p>3</p>  <p>gard</p>	<p>GASLOG</p> <p>2</p>  <p>GASLOG</p>
<p>ISC CORPORATION</p> <p>1</p>  <p>ISC CORPORATION Shipbrokers & Consultants</p>	<p>JAPAN MARITIME DAILY CO.,LTD.</p> <p>1</p>  <p>日本海事新聞 THE JAPAN MARITIME DAILY</p>	<p>LIBERA GROUP CO., LTD.</p> <p>1</p>  <p>LIBERA LIBERA GROUP</p>	<p>LOCKTON COMPANIES (SINGAPORE) PTE LTD.</p> <p>1</p>  <p>LOCKTON</p>	<p>LSR SERVICES</p> <p>1</p>  <p>LSR</p>
<p>MARIAPPS - SCHULTE GROUP</p> <p>1</p>  <p>MARIAPPS</p>	<p>MARSH</p> <p>1</p>  <p>Marsh</p>	<p>MISSION TO SEAFARERS</p> <p>2</p>  <p>THE MISSION TO SEAFARERS</p>	<p>MOL</p> <p>4</p>  <p>MOL Mitsui O.S.K. Lines</p>	<p>NORSTAR</p> <p>2</p>  <p>NORSTAR</p>
<p>NORTHSTANDARD LTD.</p> <p>3</p>  <p>NorthStandard</p>	<p>NS UNITED KAIUN KAISHA, LTD.</p> <p>1</p>  <p>NS United Kaiun Kaisha, Ltd.</p>	<p>NYK LINE</p> <p>2</p>  <p>NYK LINE NIPPON YUSEN KAISHA</p>	<p>ODFJELL</p> <p>2</p>  <p>ODFJELL</p>	<p>OLDENDORFF CARRIERS JAPAN INC</p> <p>1</p>  <p>OLDENDORFF</p>
<p>OSM THOME</p> <p>1</p>  <p>OSM Thome</p>	<p>PARAKOU SHIPPING LTD</p> <p>1</p>  <p>Parakou Shipping Ltd</p>	<p>PETER DÓHLE</p> <p>1</p>  <p>Peter Döhle</p>	<p>PRESTON TURNBULL</p> <p>1</p>  <p>PRESTON TURNBULL</p>	<p>SHOEI KISEN KAISHA, LTD.</p> <p>1</p>  <p>SHOEI KISEN</p>
<p>SOLIS MARINE CONSULTANTS</p> <p>1</p>  <p>SOLIS MARINE</p>	<p>STEAMSHIP MUTUAL</p> <p>1</p>  <p>SM</p>	<p>SWIRE BULK</p> <p>3</p>  <p>SWIRE BULK</p>	<p>SWIRE SHIPPING</p> <p>4</p>  <p>SWIRE SHIPPING</p>	<p>TST</p> <p>1</p>  <p>TST</p>
<p>UYENO GROUP HOLDINGS,LTD</p> <p>1</p>  <p>UYENO</p>	<p>V. GROUP</p> <p>1</p>  <p>V. Group</p>	<p>WALLEM GROUP</p> <p>1</p>  <p>WALLEM EST.1903</p>	<p>WEST OF ENGLAND INSURANCE SERVICES</p> <p>1</p>  <p>WEST</p>	<p>WISTA</p> <p>2</p>  <p>WISTA UAE</p>
<p>WOMAR TANKERS</p> <p>1</p>  <p>WOMAR TANKER POOL</p>	<p>WTW</p> <p>1</p>  <p>wtw</p>	<p>ZODIAC JAPAN LTD.</p> <p>1</p>  <p>Zodiac Maritime</p>		

SPONSORSHIP

If you are interested in sponsorship – please contact us for the sponsorship brochure or visit adventureracejapan.org

We are delighted to have already secured a number of sponsors, for which we express our extreme gratitude. This list is developing all the time, and was up to date at the time this brochure was printed. For an updated list please visit the website.

PLATINUM



GOLD



HOODIE

POLO SHIRT

CAP



GALA DINNER

WELCOME DINNER

HALFWAY DINNER



GALA DINNER DRINKS

WELCOME DINNER DRINKS

FINISH LINE



EVENT BAG

MEDALS

GLASS AWARDS



VIDEOGRAPHY & PHOTOGRAPHY

SAFETY BRIEFING



THE MISSION TO SEAFARERS

MtS is an international maritime charity, providing practical and emotional support to the 1.89 m seafarers who serve the world.

Our core work is port-based welfare, where our frontline teams encounter seafarers face-to-face. We help all seafarers regardless of nationality, rank, faith or no faith. All our teams are equipped with transport to take seafarers where they need to go. This might be to a Seafarers' Centre, of which we have 121, where they can access wifi, or to the shops, leisure facilities or access health care. Our Chaplains are trained in mental health counselling, and are invariably the first to spot when all is not well on board. A seafarer is more likely to ask our Chaplain or ship visitors for help during a face-to-face encounter than to pick up the phone or send an email or message to a helpline.

Additionally, we run three family support groups in the Philippines, Myanmar and India. We offer WeCare training courses in social communications and financial wellbeing and safeTALK courses in suicide prevention. All of these can be accessed by shipping companies and seafarers.

We are known for our Seafarers Happiness Index and also for our new Happy at Sea App, which is a digital Seafarers Centre, allowing seafarers to book services in advance of arrival in port. More about our work can be found at missiontoseafarers.org



**DON'T DELAY -
ACT TODAY!**

REGISTER NOW



**Sign up now to take part in this epic adventure
with fellow industry colleagues.**

adventureracejapan.org



**WE LOOK FORWARD TO
SEEING YOU THERE.**



For more information please contact:

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